

# B. Clare Goodwin

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508-444-6155

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## Experience

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- Intuitive Counselor and Therapist, Clarity with Clare, *self employment*** **1995 - present**
- Provide life guidance to clients worldwide using a range of modalities including:
  - Psychosynthesis Therapy
  - Emotional Freedom Technique
  - Intuitive Astrology, Geo-astrology and Tarot
  - Art Therapy
- Laughter Yoga Teacher, Cape Cod Laughter Yoga, *self-employment*** **2008 – present**
- Lead laughter as exercise classes for groups, businesses and organizations
  - Train Laughter Leaders
- Therapist, The Synthesis Center, Counseling Services, Amherst, MA** **1995 – 2005**
- Teacher, Synthesis Center, Professional Counselor Training Program, Amherst, MA** **1994 – 2004**
- Assisted Executive Director in training organization and logistics
  - Interviewed and evaluated applicants to the program
  - Taught transpersonal modalities and counseling skills
- Group Leader, Art & Empowerment for Cancer Survivors, The Synthesis Center** **1997 - 2003**
- Regional Manager, International Concessions, Fairfield, IA (*HQTRS*)** **1986 – 1988**
- Hired and trained staff
  - Sourced and set up all displays
  - Increased region sales to 5th in nation – top store was 3<sup>rd</sup> in nation
- Program Director, Daybreak, Inc., Shelter for Battered Women, Worcester, MA** **1981 – 1982**
- Supervised staff and volunteers: hiring/firing, training and scheduling
  - Acted as liaison to board
  - Maintained secret location of shelter
  - Presented educational talks for Police, churches and civic groups
  - Emergency 24 hour hotline backup
- Volunteer Coordinator and Trainer, Daybreak, Inc., Worcester, MA** **1979 – 1981**
- Trained and supervised crisis hotline counselors
  - Emergency 24 hour hotline backup

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## Education and Training

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- Worcester State College, Worcester, MA, BS in Psychology, Cum Laud, 1982**  
Minors in Health Education and Art
- Psychosynthesis Training Program, The Synthesis Center, Amherst, MA, 1990 - 1994**  
Counselor Training (Levels I, II, III) 1990 – 1993  
Teacher Training 1993 - 1994
- Laughter Yoga Training, Kataria School of Laughter Yoga**  
Leader Certificate, 2005  
Teacher Certificate, 2010
- Jones College, Jacksonville, FL, Executive Secretarial Diploma, 1969**

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### Art & Publication

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- *Mandalas: The Art of Clare Goodwin* calendars 2017, 2018, 2019, Pomegranate Comm., Portland
- *Gifts of the Mandala: A Guided Journey of Self-Discovery*, Balboa Press, 2016
- *Almanac Mandalas* (French Page-a-day calendar) for 2006 – 2017, Editions365, Paris
- *Colouring in Mandalas* coloring book, Arcturus Publishing, London, 2014, reprint 2016
- *The Mandala Deck*, Inspiration and Oracle cards, self published, 2014
- *Mandala Page-a-Day calendar* for 2005 & 2006, Workman Publishing, New York
- Permanent Installation, 24 giclée prints, Buttrick Hall, Vanderbilt University (inst. 2005)
- Installation, 7 giclée prints, Mercy Fitzgerald Hospital, Darby, PA (inst. 2006)
- Numerous group and solo shows around New England - watercolors, acrylics and/or digital prints
- Wisdom Magazine - monthly cover artist (2001 – 2007)
- Books by other authors that include Clare Goodwin artworks:
  - *Mandala: Journey to the Center*, Bailey Cunningham, DK Publishing, 2004
  - *Everyday Karma*, Carmen Harra, Ballentine Books, 2002
  - *I Gotta Crow*, Jill Hackett, 2002
- Founder and Producer - *Through the Eyes of Cancer* art show
  - Synthesis Center, Amherst, MA (1996 – 2001)
  - UMass Medical Center, Worcester, MA (1999)